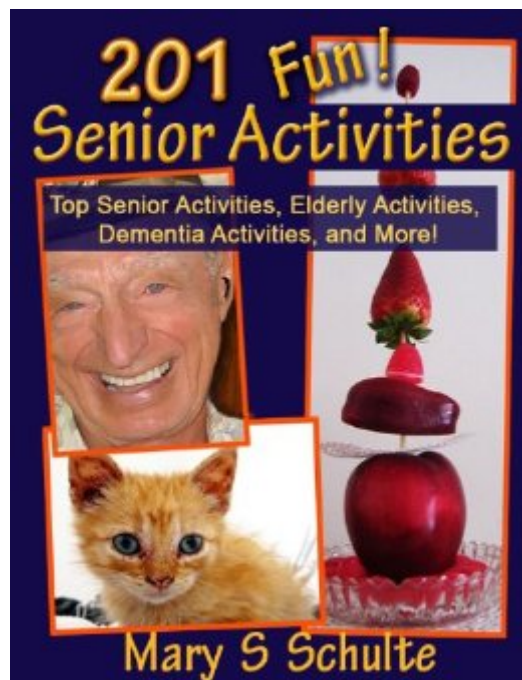


The book was found

201 Fun Senior Activities - Top Senior Activities, Elderly Activities, Dementia Activities, And More! (Fun! For Seniors)



Synopsis

Are you looking for fun and stimulating senior activities? (Besides the usual bingo, cards, puzzles, etc.). Then this is the book for you! Perfect if you're an activity director or organize activities for seniors (especially if you're new to the field) ... or if you are looking for family or friends. AND... For your easy access, the material has a handy cross-reference system within the various categories, so you don't have to hunt through your Kindle book to find what you want. Here are a few of the activities for adults (and fun activities with kids and teens too)...
• Activities for seniors: various seasons, holidays, celebrations.
• Activities for the elderly who may have limitations, (easy but challenging, not childish).
• Refreshing outdoor activities.
• Special activities for men
• Holiday activities galore, and activities with kids.
• Activities for dementia patients.
• Easy exercises for seniors and elderly.
• Over 50 ideas for hobbies.
• Lots of ideas for volunteer work and activities.
PLUS, you also get
• Plenty of indoor activities.
• Lots of ideas for activities at home.
• Many activities with kids and teens.
• Loads of fun group activities and social events.
• Excellent ideas for nursing home activities.
• Free and inexpensive activities included.
• Great family activities throughout.
• Several easy crafts and gifts to make.

Book Information

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#245 in Books > Health, Fitness & Dieting > Mental Health > Dementia

Customer Reviews

I have been struggling to find fun things to do with my grandpa when I go visit him at his Assisted Living center. I feel guilty saying this - but I sometimes felt awkward because I just didn't know what to do while I was there, which kind of made me dread going at times (sorry Grandpa! :-). There's only so much an 86 year old with limited mobility can do with you. This book was full of wonderful, fun activities we could do together, other than the same old (watching TV/movies, playing cards, small talk, etc.). I highly recommend this book for someone who wants to add more fun into the mix. You'll be surprised at how many exciting things there are to do that never even occurred to you, or you didn't know about! And it's all so easy! Grandpa loves helping to decide what we're going to do the next time we spend time together...and now I enjoy my time with grandpa even more! It took away the stress of trying to come up with things to do together. It's worth every penny!!! I'm so glad I bought this, and will keep an eye out for future books from this author.

I am also a Activity Coordinator in a Nursing home and all of these ideas are what I am already doing. I found nothing new that "WOW"ed me. I find it frustrating when the ideas stated to repeat themselves in other sections of the book. 201 fun activities should have been 201 separate activities, not a few Activities repeated through out the book. Sorry, I was excited to find this book , but disappointed with it after I read it.

I work in an activities department and was disappointed in the book. I didn't see anything new or anything that inspired me on my job. I can see how the book might help someone who has a family member they are personally taking care of and may need ideas to engage them.

This was a well thought out book with a lot of creative new activities that I have been able to enjoy with the group of seniors I work with. There are also some fun spins on old favorites. If you need to regularly plan new activities like I do for my volunteer group, or are just looking for some good ideas to keep you and an elderly (or even young) friend or family member entertained, you will find some great ideas in this book. New activities are a great way to keep a seniors mind sharp and add a little fun to their routine. It's nice to have all these ideas in one place and not to have to come up with them from scratch. It has been a big time saver.

I've been doing activities with seniors for a couple years now and found this book to be really helpful. I needed ideas! I'm glad I could find a place with so many ideas, all well-organized and for

seniors with different physical capacities. It saves me a lot of time browsing the internet or researching. The activities are sometimes repeated in other sections, which I like because I don't have to page back and forth a lot when one activity can be done in several settings. All-in-all a great, portable reference for ideas.

I help plan activities for active seniors in a senior housing setting. There is so much to do and participate in outlined in this book that you get excited to try them all! All interest levels and capabilities are addressed and there is great variety. Read it for yourself. You will not be disappointed.

Although there were some interesting ideas overall the book was too expensive in Kindle format for what you got. There was an incredible amount of duplication. Although that was mentioned, I didn't realize each section was a duplication of the first. I actually found most of this information for free on the internet. If you don't want lots of repeat information, don't waste your money.

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